

1+1 MAMBO

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Music: 1+1=2 by Lou Bega, CD Album: A Little Bit Of Mambo, Track 9
Available as a single download from amazon.com
Time/Speed: Time @ MPM: 4:04 @ 46 – As downloaded Suggested speed -10% = 41 MPM
Music stopped at about 2 minutes 28 seconds to shorten dance
Footwork: Opposite unless indicated (Woman's footwork in parentheses)
Rhythm/Phase: Mambo Phase IV + 1 [Double Cuban in 7]
Degree of Difficulty: AVG
Sequence: INTRO A B C D B C D Mod

MEAS: INTRODUCTION

1-2 MAN FCG PARTNER & WALL NO HANDS JOINED WAIT ; ;

1-2 {WAIT} M fcg ptr & WALL wait, -, -, - ; {WAIT} -, -, -, - ;

PART A

1-4 JOIN LEFT HANDS ; JOIN RIGHT HANDS ; CUCARACHA 2X ; ;

1 {JOIN L HND} Join L hnd w/ W's L hnd, -, -, - (W Join L hnd w/ M's L hnd, -, -, -) ;
2 {JOIN R HND} Join R hnd w/ W's R hnd over jnd L hnds, -, -, - (W Join R hnd w/ M's R hnd over jnd L hnds, -, -, -) ;
3 {CUCA} Sd L, rec R, cl L, - (W Sd R, rec L, cl R, -) ;
4 {CUCA} Sd R, rec L, cl R, - (W Sd L, rec R, cl L, -) ;

5-8 LADY CIRCLE UNDER IN 6 ; ; MAN CIRCLE UNDER IN 6 TO FACE ; ;

5 {LADY CIRC UNDR IN 6} Raising jnd hnds over W's head [to allow Lady to circle] sd L, cl R, fwd L, - (W Trng RF fwd in a circle under jnd hnds fwd R, fwd L, fwd R to fc WALL, -) ;
6 Sd R, cl L, bk R, lowering hnds [left hands are now on top] (W Cont RF circle fwd L, fwd R, fwd L to fc ptr, lowering hands [left hands are now on top], -) ;
7 {MAN CIRC UNDR IN 6} Raising jnd hnds over M's head M commence LF circle fwd L, fwd R, fwd L to fc COH, - (W Sd R, cl L, fwd R, -) ;
8 Cont LF trn fwd R, fwd L, fwd R to fc ptr & WALL [right hands are now on top], - (W Sd L, cl R, bk L [right hands are now on top], -) ;

9-12 CHASE PEEK-A-BOO DOUBLE ; ; ; ;

9 {CHS PEEK-A-BOO DBL} Fwd L trng sharply 1/2 RF to TANDEM COH, rec R, fwd L, - (W Bk R, rec L, fwd R, -) ;
10 Sd R looking over L shldr, rec L, cl R, - (W Sd L, rec R, cl L, -) ;
11 Sd left looking over R shldr, rec R, cl L, - (W Sd R, rec L, cl R, -) ;
12 Fwd R trng 1/2 LF to TANDEM WALL, rec L, fwd R, - (W Fwd L trng 1/2 RF to TANDEM WALL, rec R, fwd L, -) ;

13-16 [FINISH CHASE PEEK-A-BOO DOUBLE] ; ; ; TO CP WALL ;

13 Sd L, rec R, cl L, - (W Sd R looking over L shldr, rec L, cl R, -) ;
14 Sd R, rec L, cl R, - (W Sd L looking over R shldr, rec R, cl L, -) ;
15 Fwd L, rec R, bk L, - (W Fwd R trng sharply 1/2 LF to fc ptr, rec L, fwd R, -) ;
16 Bk R, rec L, fwd R to CP WALL, - (W Fwd L, rec R, bk L to CP WALL, -) ;

PART B

1-4 PROGRESSIVE BASIC ; ; SCALLOP 2X ; ;

1 {PROG BAS} Fwd L, rec R, bk L, - (W Bk R, rec L, fwd R, -) ;
2 Bk R, rec L, fwd R, - (W Fwd L, rec R, bk L, -) ;
3 {SCALLOP} Trng to SCP rk bk L, rec R trng to CP, sd L, - (W Trng to SCP rk bk R, rec L trng to CP, sd R, -) ;
4 Trng to SCP thru R trng to CP, sd L, cl R, - (W Trng to SCP thru L trng to CP, sd R, cl L, -) ;

5-8 ; ; BASIC TO BFLY ; ;

5 {SCALLOP} Trng to SCP rk bk L, rec R trng to CP, sd L, - (W Trng to SCP rk bk R, rec L trng to CP, sd R, -) ;
6 Trng to SCP thru R trng to CP, sd L, cl R, - (W Trng to SCP thru L trng to CP, sd R, cl L, -) ;
7 {BAS} Fwd L, rec R, sd L, - (W Bk R, rec L, sd R, -) ;
8 Bk R, rec L, sd R, Blend to BFLY (W Fwd L, rec R, sd L, blend to BFLY) ;

9-12 DOUBLE CUBAN IN 7 ; ; UNDERARM TURN ; SIDE WALK 3 [TO LOD] ;

9 {DBL CUBAN IN 7} XLif of R, rec R, sd L, rec R (W XRif of L, rec L, sd R, rec L) ; [Timing: QQQQ]
10 XLif of R, rec R, sd L, - (W XRif of L, rec L, sd R, -) ; [Timing: QQS]
11 {UNDRM TRN} Raising jnd lead hnds trn bdy slightly RF & XRib, rec L squaring bdy to fc ptr, sd R to BFLY WALL, - (W XLif of R undr jnd lead hnds commence 1/2 RF trn, rec R comp RF trn to fc ptr, sd L to BFLY COH, -) ;
12 {SD WLK 3 LOD} Sd L, cl R, sd L, - (W Sd R, cl L, sd R, -) ;

13-16 DOUBLE CUBAN IN 7 ; ; REVERSE UNDERARM TURN ; AIDA ;

13 {DBL CUBAN IN 7} XRif of L, rec L, sd R, rec L (W XLif of R, rec R, sd L, rec R) ; [Timing: QQQQ]

- 14 XRif of L, rec L, sd R, - (W XLif of R, rec R, sd L,-) ; **[Timing: QQS]**
 15 **{REV UNDRM TRN}** Raising jnd lead hnds XLif of R, rec R, sd L, - (W XRif of L undr jnd lead hnds commence LF turn 1/2, rec L comp LF trn to fc ptr, sd R, -) ;
 16 **{AIDA}** Thru R between ptrs trng RF, sd L cont RF trn, bk R to LOP RLOD, - (W Thru L between ptrs trng LF, sd R cont LF trn, bk L to LOP RLOD, -) ;

PART C**1-4 BACK BASIC TO PATTY CAKE TAP ; ; BACK BASIC TO BFLY; SIDE WALK 3 [TO RLOD] ;**

- 1 **{BK BAS}** Bk L, rec R, fwd L, - (W Bk R, rec L, fwd R, -) ;
 2 **{PATTY CAKE TAP}** Lift R knee swvl LF 1/4 on L to fc ptr place trailing hnd palm to palm look toward LOD & XRif tap R toe twd LOD, -, lift R knee swvl RF 1/4 on L to LOP RLOD bk R, - (W Lift L knee swvl RF 1/4 on R to fc ptr place trailing hnd palm-to-palm look twd LOD & XLif tap L toe twd LOD, -, lift L knee swvl LF 1/4 on R to LOP RLOD bk L, -) ;
 3 **{BK BAS TO BFLY}** Bk L, rec R, fwd L trng to fc ptr & WALL, blend to BFLY (W Bk R, rec L, fwd R trng to fc ptr & COH, blend to BFLY) ;
 4 **{SD WLK 3 TO RLOD}** Sd R, cl L, sd R, - (W Sd L, cl R, sd L, -) ;

5-8 OPEN BREAK; AIDA ; BACK BASIC TO PATTY CAKE TAP ; ;

- 5 **{OP BRK}** Rk apt strongly on L to LOP while extending right arm up w/ palm out, rec R lowering right arm, sd L, - (W Rk apt strongly on R to LOP while extending left arm up w/ palm out, rec L lowering left arm, sd R, -) ;
 6 **{AIDA}** Same as Part B meas 16 ;
 7 **{BK BAS}** Bk L, rec R, fwd L, - (W Bk R, rec L, fwd R, -) ;
 8 **{PATTY CAKE TAP}** Same as Part C meas 2 ;

9-12 BACK BASIC TO PATTY CAKE TAP ; ; BACK BASIC TO BFLY ; SIDE WALK 3 [TO RLOD] ;

- 9 **{BK BAS}** Same as Part C meas 1 ;
 10 **{PATTY CAKE TAP}** Same as Part C meas 2 ;
 11 **{BK BAS TO BFLY}** Same as Part C meas 3 ;
 12 **{SD WLK 3 TO RLOD}** Same as Part C meas 4 ;

13-16 NEW YORKER 2X ; ; CUCARACHA 2X ; ;

- 13 **{NY}** Swvl on R foot bring L foot thru w/ straight leg to a sd by sd position, rec R swvl to fc ptr, sd L, - (W Swvl on L foot bring R foot thru w/ straight leg to a sd by sd position, rec L swvl to fc ptr, sd R, -) ;
 14 **{NY}** Swvl on L foot bring R foot thru w/ straight leg to a sd by sd position, rec L swvl to fc ptr, sd R, - (W Swvl on R foot bring L foot thru w/ straight leg to a sd by sd position, rec R swvl to fc ptr, sd L, -) ;
 15 **{CUCA}** Sd L, rec R, cl L, - ; (W Sd R, rec L, cl R, -) ;
 16 **{CUCA}** Sd R, rec L, cl R, - ; (W Sd L, rec R, cl L, -) ;

PART D**1-4 SOLO LEFT TURNING BOX [WITH HOPS] ; ; ; ;**

- 1 **{SOLO L TRNG BOX}** Sd L, cl R, fwd L trn 1/4 LF, lift R knee to hop [ptrs are now R shldr to R shldr] (W Sd R, cl L, bk R trn 1/4 LF, lift L knee to hop) ; **[NOTE: Hops are optional]**
 2 Sd R, cl L, bk R trn 1/4 LF, lift L knee to hop [ptrs are now bk-bk] (W Sd L, cl R, fwd L trn 1/4 LF, lift R knee to hop) ;
 3 Sd L, cl R, fwd L trn 1/4 LF, lift R knee to hop [ptrs are now L shldr to L shldr] (W Sd R, cl L, bk R trn 1/4 LF, lift L knee to hop) ;
 4 Sd R, cl L, bk R trng 1/4 LF, lift L knee to hop [ptrs are now fcg] (W Sd L, cl R, fwd L trn 1/4 LF, lift R knee to hop) ;

5-8 CHASE ; ; ; TO BFLY;

- 5 **{CHS}** Fwd L commence RF trn 1/2, rec fwd R, fwd L, - (W Bk R w/ no trn, rec L, fwd R, -) ;
 6 Fwd R commence LF trn 1/2, rec fwd L, fwd R, - (W Fwd L commence RF trn 1/2, rec fwd R, fwd L, -) ;
 7 Fwd L w/ no trn, rec R, bk L, - (W Fwd R commence LF trn 1/2, rec fwd L, fwd R, -) ;
 8 Bk R w/ no trn, rec L, fwd R to BFLY WALL, - (W Fwd L w/ no trn, rec R, bk L to BFLY COH, -) ;

9-12 BASKETBALL TURN POINT DOWN ; & UP TO OP LOD ; MB WALK 3 ; NEW YORKER ;

- 9 **{BBALL TRN PT DOWN}** Sd L point lead hand side & down, -, rec R trng RF 1/4 to fc RLOD (W Sd R point lead hand side & down, -, rec L trng LF 1/4 to fc RLOD) ;
 10 **{& UP TO OP LOD}** Fwd L trng RF 1/4 to COH point lead hand side & up, -, rec R trng RF 1/4 to OP LOD (W Fwd R trng LF 1/4 to WALL point lead hand side & up, -, rec L trng LF 1/4 to OP LOD) ;
 11 **{MB WLK 3}** Fwd L, fwd R, fwd L, - (W Fwd R, fwd L, fwd R, -) ;
 12 **{NY}** Bring R foot thru w/ straight leg to a sd by sd position, rec L swvl to fc ptr, sd R, - (W Bring L foot thru w/ straight leg to a sd by sd position, rec R swvl to fc ptr, sd L, -) ;

13-16 SAND STEP 2X ; ; CUCARACHA 2X ; ;

- 13 **{SND STP}** Using a swvl action of the R foot on each count tch toe of L foot to instep of R foot [no wgt chg], tch heel of L foot to instep of R foot [no wgt chg], XLif of R foot taking wgt, - (W Using a swvl action of the L foot on each count tch toe of R foot to instep of L foot [no wgt chg], tch heel of R foot to instep of L foot [no wgt chg], XRif of L foot taking wgt, -) ;

- 14 **{SND STP}** Using a swvl action of the L foot on each count tch toe of R foot to instep of L foot [no wgt chg], tch heel of R foot to instep of L foot [no wgt chg], XRif of L foot taking wgt, - (W Using a swvl action of the R foot on each count tch toe of L foot to instep of R foot [no wgt chg], tch heel of L foot to instep of R foot [no wgt chg], XLif of R foot taking wgt, -) ;
- 15 **{CUCA}** Sd L, rec R, cl L, -; (W Sd R, rec L, cl R, -) ;
- 16 **{CUCA}** Sd R, rec L, cl R blend to CP WALL, - (W Sd L, rec R, cl L to CP COH, -) ;

REPEAT PART B**REPEAT PART C****D Mod**

- 1-4 SOLO LEFT TURNING BOX [WITH HOPS] ; ; ; ;**
- 1-4 **{SOL L TRNG BOX W/ HOPS}** Same as Part D meas 1-4 ; ; ; ;
- 5-8 CHASE ; ; ; TO BFLY ;**
- 5-8 **{CHS}** Same as Part D meas 5-8 ; ; ; ;
- 9-12 BASKETBALL TURN POINT DOWN ; & UP TO OP LOD; CUCARACHA TO BFLY ; CUCARACHA ;**
- 9 **{BBALL TRN PT DOWN}** Same as Part D meas 9 ;
- 10 **{& UP TO OP LOD}** Same as Part D meas 10 ;
- 11 **{CUCA TO BFLY}** Sd L, rec R trng to fc ptr, cl L, - (W Sd R, rec L trng to fc ptr, cl R, -) ;
- 12 **{CUCA}** Sd R, rec L, cl R, - (W Sd L, rec R, cl L, -) ;
- 13-15+ BREAK BACK TO OP LOD ; AIDA ; BACK BASIC TO PATTY CAKE STOMP ; ; WITH ARMS UP.**
- 13 **{BRK BK TO OP LOD}** M Drop lead hnd trng LF to fc LOD bk L, rec R, fwd L to OP LOD, - (W Drop lead hnd trng RF to fc LOD bk R, rec L, fwd R to OP LOD, -) ;
- 14 **{AIDA}** Thru R between ptrs trng RF, sd L cont RF trn, bk R to LOP RLOD, - (W Thru L between ptrs trng LF, sd R cont LF trn, bk L, -) ;
- 15 **{BK BAS}** Bk L, rec R, fwd L, - (W Bk R, rec L, fwd R, -) ;
- 16 **{PATTY CAKE STOMP ARMS UP}** Lift R knee swvl LF 1/4 on L to fc ptr touch trail palm look toward LOD sharply raise trail arm up & back, (W Lift L knee swvl RF 1/4 on R to fc ptr touch trail palm look toward LOD sharply raise trail arm up & back,) **[ONLY 1 BEAT LONG] [Stop music – there is a definite emphatic note and then the music stops for a moment at about 2:28]**