

WHAT IF I

Released: August 2015 Revised: October 2015 [Changed measures 1, 2, 5, & 6 of Part D]
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Music: What If I Artist: Meghan Trainor CD Album: Title (Deluxe Edition), Track 10
Available as a single download from amazon.com

Time/Speed: Time @ BPM: 3:19 @ 122 [30.5 MPM] as downloaded
Recommended Speed: As downloaded – or slow if you prefer

Footwork: Opposite unless indicated (Woman's footwork in parentheses)

Rhythm/Phase: Slow Two Step Phase 3+2+1 [Left Turn With Inside Roll, Switches] [Twisty Bas]

Degree of Difficulty: AVG ** Note Music is 6/8 timing

Sequence: INTRO A B C D A 9-16 MOD C B MOD END

MEAS:

INTRODUCTION

1-5 CP MAN FACING WALL WAIT 3 MEAS ; ; ; DIP BACK & HOLD ; CARESS ;

- 1-3 {WAIT} CP M fcg WALL -, -, -, - [Lyrics: What if I] ; {WAIT} -, -, -, - [Silence] ; {WAIT} -, -, -, - [Silence] ;
- 4 {DIP BK & HOLD} Bk L with bent knee keeping R leg straight looking at Lady, -, -, - (W Fwd R with bent knee looking at M, -, -, -) ; [Lyrics: __ I Want to]
- 5 {CARESS} Sweep L arm twd Lady with a caressing motion, -, -, - (W Sweep R arm twd M's face with a caressing motion, -, -, -) ; [Lyrics: Kiss you~~]

6-9 RECOVER TOUCH ; HOLD ; BASIC TO BFLY ; ;

- 6-7 {REC TCH} Rec R, rejoin lead hnds, tch L to R, - [Lyrics: Tomorrow] ; {HOLD} -, -, -, - ; [Silence then PU notes of music begin]
- 8 {BAS} Sd L, -, XLib of L, rec L (W Sd R, -, XLib of R, rec R) ;
- 9 Sd R, -, XLib of R, rec R to BFLY WALL (W Sd L, -, XLib of L, rec L to BFLY COH) ;

10-11 LUNGE BASIC ; TWICE TO CP WALL ;

- 10 {LUN BAS} Sd L with lun action, -, rec R, XLif of R (W Sd R with lun action, -, rec L, XRif of L) ;
- 11 {LUN BAS TO CP WALL} Sd R w/ slight lun action, -, rec L, XRif of L to CP WALL (W Sd L w/ slight lun action, -, rec R, XLif of R to CP COH) ;

PART A

1-4 BASIC ; ; OPEN BASIC TWICE ; ;

- 1 {BAS} Sd L, -, XLib of L, rec L (W Sd R, -, XLib of R, rec R) ; [Lyrics: __ Something]
- 2 Sd R, -, XLib of R, rec R (W Sd L, -, XLib of L, rec L) ; [Lyrics: Tells me]
- 3 {OP BAS} Sd L to 1/2 OP pos, -, XLib of L, rec L to 1/2 OP (W Sd R to 1/2 OP pos, -, XLib of R, rec R to 1/2 OP) ;
- 4 {OP BAS} Sd R to 1/2 OP pos, -, XLib of R, rec R to 1/2 OP (W Sd L to 1/2 OP pos, -, XLib of L, rec L to 1/2 OP) ;

5-8 SWITCHES ; ; UNDERARM TURN ; BASIC ENDING PICKING UP ;

- 5 {SWCHS} Xif of W sd L to 1/2 OP LOD, -, fwd R, fwd L (W Fwd R to 1/2 OP, -, fwd L, fwd R) ;
- 6 Staying in 1/2 OP fwd R, -, fwd L, fwd R (W Xif of M sd L to 1/2 OP LOD, -, fwd R, fwd L) ;
- 7 {UNDRM TRN} Sd L to join lead hnds palm-to-palm, -, XLib of L, rec L (W Sd R commence RF trn undr jnd lead hnds, -, XL over R to LOD cont to trn RF 1/2, rec fwd on R comp trn to fc ptr) ;
- 8 {BAS ENDG PU} Sd R, -, XLib of R, rec R trng 1/4 LF picking up W to CP LOD (W Sd L, -, XLib of L, rec L trng 1/4 LF Xif of M to CP RLOD) ;

9-12 LEFT TURN WITH INSIDE ROLL ; BASIC ENDING TO BFLY ; LUNGE BASIC ; TWICE PICKING UP ;

- 9 {L TRN W/ INSD ROLL} Fwd L commence 1/4 LF trn, -, sd R, XLif of R to fc ptr (W Bk R commence 1/4 LF trn, -, sd L trng LF undr lead hnds, cont LF trn sd R to fc ptr) ;
- 10 {BAS ENDG} Sd R, -, XLib of R, rec R to BFLY COH (W Sd L, -, XLib of L, rec L to BFLY WALL) ;
- 11 {LUN BAS} Sd L with lun action, -, rec R, XLif of R (W Sd R with lun action, -, rec L, XRif of L) ;
- 12 {LUN BAS PU} Sd R with lun action, -, rec L, XRif of L 1/4 LF picking up W to CP RLOD (W Sd L with lun action, -, rec R, XLif of R trng 1/4 LF Xif of M to CP LOD) ;

13-16 LEFT TURN WITH INSIDE ROLL ; BASIC ENDING ; UNDERARM TURN ; BASIC ENDING TO BFLY ;

- 13 {**L TRN W/ INSD ROLL**} Fwd L commence 1/4 LF trn, -, sd R, XLif of R to fc ptr & WALL (W Bk R commence 1/4 LF trn, -, sd L trng LF undr lead hnds, cont LF trn sd R to fc ptr & COH) ;
- 14 {**BAS ENDG**} Sd R, -, XLib of R, rec R (W Sd L, -, XRib of L, rec L) ;
- 15 {**UNDRM TRN**} Sd L raising lead hnds palm-to-palm, -, XRib of L, rec L (W Sd R commence RF trn undr jnd lead hnds, -, XL over R to LOD cont to trn RF 1/2, rec fwd on R comp trn to fc ptr) ;
- 16 {**BAS ENDG TO BFLY**} Sd R, -, XLib of R, rec R to BFLY WALL (W Sd L, -, XRib of L, rec L to BFLY COH) ;

PART B**1-4 SLOW OPEN VINE 4 TO CP WALL ; ; OPEN BASIC TWICE ; ;**

- 1-2 {**SLO OP VIN 4**} Sd L, -, XRib trng to LOP RLOD, - (W Sd R, -, XLib trng to LOP RLOD) ; Sd L trng to fc ptr, -, Thru R trng to CP WALL, - (W Sd R trng to fc ptr, -, Thru L trng to CP COH, -) ;
- 3-4 {**OP BAS TWICE**} Same as Part A meas 3-4 ; ;

5-8 SWITCHES ; ; SLOW OPEN VINE 4 BFLY ; ;

- 5-6 {**SWCHS**} Same as Part A meas 5-6 ; ;
- 7-8 {**SLO OP VIN 4**} Sd L joining lead hnds, -, XRib trng to LOP, - (W Sd R joining lead hnds, -, XLib trng to LOP) ; Sd L trng to fc ptr, -, XRif trng to BFLY WALL, - (W Sd R trng to fc ptr, -, XLif trng to BFLY COH, -) ;

9-12 UNDERARM TURN ; LARIAT 6 ; ; BASIC ENDING PICKING UP LOW DOUBLE HANDHOLD ;

- 9 {**UNDRM TRN**} Sd L raising lead hnds palm-to-palm, -, XRib of L, rec L leading Lady to M's R sd (W Sd R commence RF trn undr jnd lead hnds, -, XL over R to LOD cont to trn RF 1/2, rec fwd on R comp trn to M's R sd) ;
- 10 {**LRT 6**} Stp in plc R, -, L, R (W Circ M clockwise w/ jnd lead hands fwd L, -, fwd R, fwd L) ;
- 11 {**FINISH LRT 6**} Stp in plc L, -, R, L to CP WALL (W Fwd R, -, fwd L, fwd R to CP COH) ;
- 12 {**BAS ENDG PU LOW DBL HANDHOLD**} Sd R, -, XLib of R, rec R trng 1/4 LF picking up W to low dbl HNDHLD LOD (W Sd L, -, XRib of L, rec L trng 1/4 LF Xif of M to low dbl HNDHLD RLOD) ;

PART C**1-4 TRAVELING CHASSES ; ; TWICE ; TO WALL BFLY ;**

- 1 {**TRAV CHASSES**} Fwd L commence trng LF diag across LOD w/ R shldr lead both hnds jnd going down & in to hip level, -, sd R diag LOD, cl L to R (W Bk R commence trng LF diag across LOD w/ L shldr lead both hnds jnd going down & in to hip level, -, sd L diag LOD, cl R to L) ;
- 2 Fwd R commence trng RF diag across LOD w/ L shldr lead, -, sd L diag LOD, cl R to L (W Bk L commence trng RF diag to LOD w/ R shldr lead, -, sd R diag to LOD, cl L to R) ;
- 3 {**TRAV CHASSES**} Same as Part C meas 1 ;
- 4 Fwd R commence trng RF diag across LOD w/ L shldr lead, -, sd L diag LOD trng to BFLY WALL, cl R to L (W Bk L commence trng RF diag to LOD w/ R shldr lead, -, sd R diag to LOD trng to fc COH BFLY, cl L to R) ;

5-8 SHOULDER TO SHOULDER TWICE ; ; UNDERARM TURN ; REVERSE UNDERARM TURN ;

- 5 {**SHLDR-SHLDR**} Sd L, -, fwd R to BFLY BJO, rec L (W Sd R, -, bk L to BFLY BJO, rec R) ;
- 6 {**SHLDR-SHLDR**} Sd R, -, fwd L to BFLY SCAR, rec R (W Sd L, -, bk R to BFLY SCAR, rec L) ;
- 7 {**UNDRM TRN**} Sd L raising lead hnds palm-to-palm, -, XRib of L, rec L (W Sd R commence RF trn undr jnd lead hnds, -, XL over R to LOD cont to trn RF 1/2, rec fwd on R comp trn to fc M) ;
- 8 {**REV UNDRM TRN**} Sd R to join lead hnds palm-to-palm, -, XLif of R, rec R (W Sd L commence LF trn undr jnd lead hnds, -, XR over L to LOD cont trn LF 1/2, rec fwd on L comp trn to fc ptr) ;

PART D**1-4 TWISTY BASIC ; ; LUNGE BASIC TWICE ; ;**

- 1 {**TWSTY BAS**} Commence slight RF upper bdy trn sd L, -, XRib of L, w/ slight LF upper bdy trn slightly fwd L to fc ptr & WALL (W Commence slight RF upper bdy trn sd R, -, XLif of R, w/ slight LF upper bdy trn slightly bk R to fc ptr & COH) ;
- 2 Commence slight LF upper bdy trn sd R, -, XLib of R, w/ slight RF upper bdy trn slightly fwd R to fc ptr & WALL (W Commence slight LF upper bdy trn sd L, -, XRif of L, w/ slight RF upper bdy trn slightly bk L to fc ptr & COH) ;

- 3 {LUN BAS} Sd L with lun action, -, rec R, XLif of R (W Sd R with lun action, -, rec L, XRif of L) ;
- 4 {LUN BAS} Sd R with lun action, -, rec L, XRif of L (W Sd L with lun action, -, rec R, XLif of R) ;
- 5-8 TWISTY BASIC ; ; SLOW OPEN VINE 4 ; PICKING UP ;**
- 5-6 {TWSTY BAS} Same as Part D meas 1-2 ; ;
- 7-8 {SLO OP VIN 4 PICKING UP} Sd L, -, XRib trng to LOP RLOD, - (W Sd R, -, XLib trng to LOP RLOD) ; Sd L trng to fc ptr, -, Thru R trng LF to pick up Lady to CP LOD, - (W Sd R trng to fc ptr, -, Thru L trng LF to stp in front of M to CP RLOD, -) ;
- PART A MEAS 9-16 MODIFIED**
- 9-12 LEFT TURN WITH INSIDE ROLL ; BASIC ENDING TO BFLY ; LUNGE BASIC TWICE ; PICKING UP ;**
- 9-12 Same as Part A meas 9-12 ; ; ; ;
- 13-16 LEFT TURN WITH INSIDE ROLL ; BASIC ENDING ; UNDERARM TURN ; BASIC ENDING PICKING UP LOW DOUBLE HANDHOLD ;**
- 13-15 Same as Part A meas 13-15 ; ; ; ;
- 16 {BAS ENDG PU LOW DBL HANDHOLD} Sd R, -, XLib of R, rec R trng 1/4 LF picking up W to low dbl HNDHLD LOD (W Sd L, -, XRib of L, rec L trng 1/4 LF Xif of M to low dbl HNDHLD RLOD) ;
- REPEAT PART C**
- PART B MODIFIED**
- 1-4 SLOW OPEN VINE 4 TO CP WALL ; ; OPEN BASIC TWICE ; ;**
- 1-4 Same as Part B meas 1-4 ; ; ; ;
- 5-8 SWITCHES ; ; SLOW OPEN VINE 4 BFLY ; ;**
- 5-8 Same as Part B meas 5-8 ; ; ; ;
- 9-12 UNDERARM TURN ; LARIAT 6 ; ; BASIC ENDING PICKING UP LOW DOUBLE HANDHOLD ;**
- 9-12 Same as Part B meas 9-12 ; ; ; ;
- 13 HOLD ;**
- 13 {HOLD} M fcg LOD hold, -, -, - (W W fcg RLOD hold, -, -, -) ;
- END**
- 1-4 TRAVELING CHASSES ; ; TWICE ; ;**
- 1-3 Same as Part C meas 1-3 ; ; ; ;
- 4 Fwd R commence trng RF diag across LOD w/ L shldr lead, -, sd L diag LOD, cl R to L (W Bk L commence trng RF diag to LOD w/ R shldr lead, -, sd R diag to LOD, cl L to R) ;
- 5-8 LEFT TURN WITH INSIDE ROLL ; BASIC ENDING PICKING UP ; LEFT TURN WITH INSIDE ROLL ; BASIC ENDING ;**
- 5 {L TRN W/ INSD ROLL} Same as Part A meas 9 ;
- 6 {BAS ENDG PU} Same as Part A meas 8 ;
- 7-8 {L TRN W/ INSD ROLL} Same as Part A meas 13 ;
- {BAS ENDG} Sd R, -, XLib of R, rec R (W Sd L, -, XRib of L, rec L) ;
- 9-12 UNDERARM TURN ; BASIC ENDING ; OPEN BASIC TWICE ; ;**
- 9 {UNDRM TRN} Same as Part A meas 15 ;
- 10 {BAS ENDG} Sd R, -, XLib of R, rec R (W Sd L, -, XRib of L, rec L) ;
- 11-12 {OP BAS TWICE} Same as Part A meas 3-4 ; ;
- 13-17 SIDE BASIC KEEP HAND JOINED ; REVERSE UNDERARM TURN LADY WRAP TO WALL ; LOOK AT PARTNER ; CARESS ; HOLD ;**
- 13 {SD BAS KEEP HNDJ JND} Sd L, -, XRib of L, rec L keep both hnds jnd (W Sd R, -, XLib of R, rec R keep both hnds jnd) ;
- 14 {REV UNDRM TRN LADY WRP TO WALL} Sd R to join lead hnds palm-to-palm, -, XLif of R, rec R to wrpd pos fcg WALL (W Sd L commence LF trn undr jnd lead hnds, -, XR ovr L to RLOD cont trng LF 3/4, rec on L comp trn to fc WALL in wrpd pos) ;
- 15 {LOOK AT PTR} Trn head to look at ptr, -, -, - (W Trn head to look at ptr, -, -, -) ;
- 16-17 {CARESS} Release L hnd, sweep L hnd up as if to caress Lady's cheek, -, - (W Release R hnd, sweep R hnd up as if to caress M's cheek, -, -) ;
- 17 {HOLD} Cont to look at ptr, -, -, - (W Cont to look at ptr, -, -, -) ;