

VITO'S WALTZ 3

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MUSIC: Song: Vito's Waltz (The Godfather) Artist: The New 101 Strings Orchestra
MUSIC MEDIA: CD: Strictly Slow Waltz: The Best Of Dancesports, Track 8
Download available from www.amazon.com
Music Modified: No 99 BPM/33 MPM TIME@BPM: 2:49@99 BPM
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
RHYTHM: Waltz **RAL Phase:** III + 2 [Diamond Turn, Telemark to SCP] **Difficulty Level:** Easy
SEQUENCE: INTRO A A B B (1-24) END

MEAS:

INTRODUCTION

1-4 MAN FCG PARTNER & DLC ABOUT 6 FEET APART TRAIL FEET FREE WAIT 1 MEAS; CROSS POINT TWICE;; PICKUP TOUCH DLC;

- 1 Wait ;
- 2 {X PT} XRif as arms Xif of chest, pt L to sd as arms extend to side, - (W XLif as arms Xif of chest, pt R to sd as arms extend to side, -) ;
- 3 {X PT} XLif as arms Xif of chest, pt R to sd as arms extend to side, - (W XRif as arms Xif of chest, pt L to sd as arms extend to side, -) ;
- 4 {PU TCH DLC} XRif [short step] twd DLC, tch L to R, blend to CP DLC (W XLif stepping in front of M trng slightly LF, tch R to L, blend to CP DLW) ;

PART A

1-4 1 LEFT TURN TO RLOD; BACK WALTZ; 2 RIGHT TURNS TO WALL;;

- 1 {1 L TRN RLOD} Fwd L commence up to 1/4 LF trn, cont trn sd R DIAG acrs LOD trng LF to fc RLOD, cl L (W Bk R commence up to 1/4 LF trn, cont trn sd L twd LOD trng LF to fc LOD, cl R) ;
- 2 {BK WZ} Bk R, bk L, cl R (W Fwd L, fwd R, cl L) ;
- 3 {2 R TRNS WALL} Bk on L trng up to 1/4 RF, sd R twd LOD trng 1/8 RF, cl L CP DLC (W fwd R trng up to 1/4 RF, sd L DIAG acrs LOD trng up to 1/8 RF, cl R CP DWR) ;
- 4 Fwd R trng up to 1/4 RF, cont trn sd L DIAG acrs line of progression trng 1/8 RF to WALL, cl R (W Bk L trng up to 1/4 RF, sd R twd line of progression trng 1/8 RF to COH, cl L) ;

5-8 TWIRL VINE 3; MANEUVER; SPIN TURN TO DRW; BOX FINISH DLW;

- 5 {TWRL VIN 3} Raising L hnd sd L, XRib, sd L (W sd & fwd R trng 1/2 RF undr jnd hnds, sd & bk L trng 1/2 RF, sd R) ;
- 6 {MANUV} Thru R DIAG acrs LOD commencing RF upper body trn, cont RF trn to fc ptr & RLOD sd L, cl R (W Thru L [short stp] begin RF upper body trn, sd & fwd R cont RF trn to fc ptr & LOD, cl L) ;
- 7 {SPN TRN TO DRW} Commence RF upper bdy trn bk L pvtg 1/2 RF to fc LOD, fwd R between W's feet heel to toe cont trn leaving L leg extended bk & sd, comp trn rec sd & bk L end fcg DRW (W Commence RF upper bdy trn fwd R between M's feet heel to toe pvtg 1/2 RF, bk L toe cont trn brush R to L, comp sd & fwd R end fcg DLC) ;
- 8 {BOX FIN} Bk R commence LF trn, sd L to fc DLW, cl R (W Fwd L commence LF trn, sd R to fc DRC, cl L) ;

9-13 WHISK; WING; CROSS HOVER THREE TIMES TO SCP;;

- 9 {WSK} Fwd L, fwd & sd R commencing rise to ball of foot, XLib of R cont to full rise on ball of foot endg in tight SCP (W bk R, bk & sd L commencing to rise to ball of foot, XRib of L cont to full rise on ball of foot to SCP) ;
- 10 {WING} Fwd R, draw L twd R, tch L to R trng upper bdy LF w/ L sd stretch to SCAR fcg DLC (W Fwd L beginning to Xif of M commence trng slightly LF, fwd R around M cont trng slightly LF, fwd L around M continuing to trn slightly LF to end in tight SCAR DWR) ;
- 11 {X HVR TO BJO} XLif of R, sd R w/ a slight rise commence LF trn, rec L comp trn to BJO (W XRib of L, sd L w/ a slight rise commence LF trn, rec R comp trn to BJO) ;
- 12 {X HVR TO SCAR} XRif of L, sd L w/ a slight rise commence RF trn, rec R comp trn to SCAR (W XLib of R, sd R w/ a slight rise commence RF trn, rec L comp trn to SCAR) ;

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- 13 {X HVR TO SCP} XLif of R, sd R w/ a slight rise commence LF trn, rec L comp trn to SCP (W XRib of L, sd L w/ a slight rise commence RF trn, fwd R trng to SCP) ;
- 14-16 THRU SIDE BEHIND; ROLL 3; **PICKUP FORWARD CLOSE DLC;**
- 14 {THRU SD BHD} Thru R w/ small reaching stp trng to fc ptr, sd L, XRib blending to BFLY (W Thru L w/ small reaching stp trng to fc ptr, sd R, XLib blending to BFLY) ;
- 15 {ROLL 3} Commence LF trn sd L twd LOD, cont LF trn bk R twd LOD, cont LF trn sd L trng to fc ptr & WALL (W Commence RF trn sd R twd LOD, cont RF trn bk L twd LOD, cont RF trn sd R to fc ptr & COH) ;
- 16 {PU FWD CL} Fwd R [short step] twd DLC blending to CP DLC, fwd L, cl R (W Fwd L DIAG acrs LOD trng LF to fc ptr & DWR, bk R, cl L) ; **[**See note at end for more challenging figure for more experienced dancers]**

REPEAT PART A

PART B

- 1-4 DIAMOND TURN TO SCAR;:::**
- 1-4 {DIAM TRN} Fwd L trng LF on the diag, cont L trn sd R, bk L to BJO ; Staying in BJO & trng LF stp bk R, sd on L, fwd R ; Still in BJO stp fwd L trng on the diag, sd R, bk L ; Bk R cont trn, sd L, fwd R to SCAR ;
- 5-8 CROSS HOVER TO SCP; MANEUVER; IMPETUS TO SCP; THRU CHASSE TO SCP;**
- 5 {X HVR TO SCP} Same as Part A meas 13 ;
- 6 {MANUV} Same as Part A measure 6 ;
- 7 {IMP TO SCP} W/ soft or flexed knees throughout commence RF upper bdy trn bk L, cl R [heel turn] cont trn to LOD, fwd L in tight SCP (W W/ soft or flexed knees throughout commence RF upper bdy trn fwd R, between M's ft heel to toe pvtg 1/2 RF, sd & fwd L cont trn around M brush R to L, fwd R to SCP) ;
- 8 {THRU CHASSE TO SCP} Thru R commence trn to fc, sd L/cl R, sd L to SCP (W Thru L commence trn to fc, sd R/cl L, sd R to SCP) ;
- 9-12 PICKUP FORWARD CLOSE; TELEMARK TO SCP; HOVER FALLAWAY; SLIP PIVOT TO BJO;**
- 9 {PU FWD CL} Fwd R [short step] twd DLC blending to CP DLC, fwd L, cl R (W Fwd L DIAG acrs LOD trng LF to fc ptr & DWR, bk R, cl L) ;
- 10 {TELE SCP} Fwd L commencing to trn LF, sd R contg trn, sd and slightly fwd L to end in tight SCP (W bk R commencing to trn LF bringing L beside R w/ no weight, trn LF on R heel [W heel turn] and chg weight to L, stp sd and slightly fwd R to end in tight SCP) ;
- 11 {HVR FALWY} Staying in SCP throughout thru R, fwd L rising to ball of foot and ckg, rec R (W staying in SCP throughout thru L, fwd R rising to ball of foot and ckg, rec L) ;
- 12 {SLP PVT TO BJO} Bk L, bk R commence LF trn [keeping L leg extended], fwd L blending to BJO (W Bk R commence LF pvt on ball of foot [thighs locked left leg extended], fwd L comp LF trn placing L foot near M R foot, bk R blending to BJO) ;
- 13-16 MANEUVER; SPIN TURN OVERTURNED [DRW]; BOX FINISH DLW; WHISK;**
- 13 {MANUV} Thru R DIAG acrs LOD commencing RF upper body trn, cont RF trn to fc ptr & RLOD sd L, cl R (W Bk L begin RF upper body trn, sd & fwd R cont RF trn to fc ptr & LOD, cl L) ;
- 14 {SPN TRN OVRTRND} Same as Part A meas 7 ;
- 15 {BOX FIN DRW} Same as Part A meas 8 ;
- 16 {WSK} Same as Part A meas 9 ;
- 17-20 WING; TURN LEFT & RIGHT CHASSE TO BJO; BACK BACK/LOCK BACK; IMPETUS TO SCP;**
- 17 {WING} Same as Part A measures 10 ;
- 18 {TRN L & R CHASSE TO BJO} Fwd L commence LF upper bdy trn, sd R cont LF trn /cl L, sd R comp trn to BJO (W Bk R commence LF upper bdy trn, sd L cont trn LF/cl R, sd L comp trn to BJO) ;
- 19 {BK BK/LK BK} Bk L, bk R/lk Lif of R, bk R (W Fwd R, fwd L/lk Rib of L, fwd L) ;

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- 21-25**
- 20 {IMP SCP} Same as Part B meas 7 except W's 1st stp is fwd on R outsd M;
THRU HOVER TO BJO; BACK BACK/LOCK BACK; BACK HOVER SCP; THRU CHASSE SCP; **PICKUP FORWARD CLOSE DLC;
- 21 {THRU HVR BJO} Thru R, fwd & sd L rising to ball of foot w/ slight LF upper bdy trn, rec R to BJO (W Thru L, fwd & sd R rising to ball of foot trng to BJO brush L to R, rec L) ;
- 22 {BK BK/LK BK} Bk L, bk R/lk Lif of R, bk R (W Fwd R, fwd L/lk Rib of L, fwd L) ;
- 23 {BK HVR SCP} Bk L, sd & bk R w/ a slight LF bdy trn & slight rise, rec L to tight SCP (W Fwd R, fwd & sd L trng & rising to ball of foot brush R to L trng to SCP, fwd R) ;
- 24 {THRU CHASSE SCP} Thru R commence trn to fc, sd L/cl R, sd L to SCP (W Thru L commence trn to fc, sd R/cl L, sd R to SCP) ;
- 25 {PU FWD CL} Same as Part A meas 16 ;

REPEAT PART B MEAS (1-24)

END

- 1-2**
- THRU HOVER TO BFLY; BACK WRAP IN 2 POINT SIDE & LOOK AT PARTNER;**
- 1 {THRU HVR BFLY} Thru R, fwd & sd L rising to ball of foot w/ slight LF upper bdy trn, rec R to BFLY fcg DLW (W Thru L, fwd & sd R rising to ball of foot trng LF to BFLY DCR, rec L) ;
- 2 {BK WRP IN 2 PT SD & LOOK AT PTR} Bk L [short stp], cl R to L lower trail hnd to W's waist level leading W to make a LF trn under jnd lead hnds & lowering jnd lead hnds to W's waist, pt L to COH & look at ptr (W Fwd R trng 1/2 LF under jnd lead hnds to fc LOD, cl L to R , pt R to WALL & look at ptr) ;

QK CUES

SEQ: INTRO A A B B (1-24) END

INTRO: M FCG PTR & LOD ABOUT 6 FEET APT TRAIL FEET FREE WAIT 1 MEAS; X PT 2X;; PU DLC;

PART A: 1 L TRN TO RLOD; BK WZ; 2 R TRNS TO WALL;; TWRL VIN 3; MANUV; SPN TRN OVRTRND [DRW]; BOX FIN DLW; WSK; WING; X HVR 3X TO SCP;; THRU SD BHD; ROLL 3; PU FWD CL [DLC];

REPEAT PART A

PART B: DIAM TRN TO SCAR;;; X HVR TO SCP; MANUV; IMP TO SCP; THRU CHASSE TO SCP; PU FWD CL [DLC]; TELE TO SCP; HVR FALWAY; SLP PVT TO BJO; MANUV; SPN TRN TO DRW; BOX FIN DLW; WSK; WING; TRN L & R CHASSE TO BJO; BK BK/LK BK; IMP TO SCP; THRU HVR TO BJO;; BK BK/LK BK; BK HVR TO SCP; THRU CHASSE SCP; 2ND → END PU FWD CL [DLC];

REPEAT PART B (1-24)

END: THRU HVR TO BFLY; BK WRP IN 2 PT SD LOOK AT PTR;

****Alternate more challenging figure for more experienced dancers: PU TO BJO & QK DBL LK;**

Can be used in Part A meas 16 & Part B meas 25

{PU TO BJO & QK DBL LK} Fwd R [short step] twd DLC blending to BJO DLC, fwd L/lk Rib, fwd L/lk Rib (W Fwd L DIAG acrs LOD trng LF to fc ptr & RLOD blending to BJO, bk R/lk Lif, bk R/lk Lif) ;